

As a student in higher education, you can access a world of student services and community resources.

Any of them can help you succeed in school. Many of them are free.

Name one problem that you're facing right now or that you anticipate facing in the future: finding money to pay for classes, resolving conflicts with a teacher, lining up a job after graduation. Chances are that school or community resources can help you. In addition, taking advantage of services and getting involved with organizations can lead you to new experiences that expand your learning styles.



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**Connect  
To  
Resources**



## Resources

Resources often go unused. Following are examples of what you can find. Check your school and city Web sites for more options. Remember that you can connect with many of them online as well as in person.

- ◆ **Academic advisors/ counselors** can help you select courses, choose a major, plan your career, and adjust in general to the culture of higher education.
- ◆ **Art organizations** connect you to local museums, concert venues, clubs, and stadiums.
- ◆ **Athletic centers** often open weight rooms, swimming pools, indoor tracks, basketball courts, and racquetball and tennis courts to all students.
- ◆ **Churches, synagogues, mosques, and temples** have members who are happy to welcome fellow worshippers who are away from home.
- ◆ **Computer labs** on campus are places where students can go to work on projects and access the Internet. Computer access is often available off-campus as well. Check public libraries for this service. Some students get permission to use computers at their workplace after hours.
- ◆ **Counseling centers** in the community can assist you with a problem when you can't get help at school. Look for career-planning services, rehabilitation offices, outreach programs for veterans, and mental health clinics.
  - ◆ The **financial aid office** assists students with loans, scholarships, work-study, and grants.
- ◆ **Hotlines** offer a way to get emergency care, personal counseling, and other kinds of help via a phone call. Do an Internet search on phone hotlines in your area that assist with the specific kind of help you're looking for, and check your school catalog for more resources.
- ◆ **Job placement offices** can help you find part-time employment while you are in school and a full-time job after you graduate.
- ◆ **Libraries** are a treasure on campus and in any community. They employ people who are happy to help you locate information.
- ◆ **Newspapers** published on campus and in the



local community list events and services that are free or inexpensive.

- ◆ The **school catalog** lists course descriptions and tuition fees, requirements for graduation, and information on everything from the school's history to its grading practices.
- ◆ **School security agencies** can tell you what's safe and what's not. They can also provide information about parking, bicycle regulations, and traffic rules.
- ◆ **Special needs and disability services** assist college students who have learning disabilities or other disabilities.
- ◆ **Student health clinics** often provide free or inexpensive counseling and other medical treatment.
- ◆ **Student organizations** present opportunities for extracurricular activities. Explore student government, fraternities, sororities, service clubs, religious groups, sports clubs, and political groups. Find a women's center; multicultural student center; and organizations for international students and disabled students with disabilities.

**Sources:**  
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